

DOMESTIC ABUSE – C-19 SUPERMARKET RECEIPT MESSAGING

WHERE TO GET HELP

Are you feeling threatened or unsafe in your home? Social restrictions may have a serious impact on those experiencing domestic abuse.

Call 999 if you or someone else is in danger. If it is not an emergency, please call 101.

Refuge – Freephone 24 hour National Domestic Abuse Helpline

0808 2000 247

Men's Advice Line is a confidential helpline for male victims of domestic abuse and those supporting them.

0808 8010327

(Text relay services available)

Scan code for further support at

www.gov.uk/domestic-abuse



#YouAreNotAlone

Advice and support is available for everyone regardless of background, financial situation, disability and nationality or immigration status.